

Richard Gee

From: Sylvia Marina [admin@sylviamarina.com]
Sent: Monday, 17 March 2008 5:20 p.m.
To: Gee, Richard
Subject: Sylvia Marina e-newsletter #557

Sylvia Marina Conference Speaker & Educator



Please feel free to forward our newsletter to family & friends

Newsletter 557

Sylvia's Message

Welcome

Yesterday as David & I sat beneath a natural canopy of leaves I consciously noticed glimpses of the bright blue sky beyond.

My mind alerted to the many that I have the privilege to help and who, until recent could not see the blue sky, not because of physical clouds but from dark experiences cementing them into what appeared as a fixed zone of sadness.



Stuck in emotions, goals they would like to achieve but don't know how. Hurts they would like to heal or move on from but can't find a starting point. Relationships which are no longer fulfilling. Or stuck in a routine and don't know how to change - under a canopy of darkness feeling like 'there's nowhere to go'.

How to make change

- Realize that feeling stuck is a feeling – not a fact
- Let go of the idea that this is all there is
- Listen to your self talk. Change negative thinking into positive energy - instead of thinking "life's a merry-go-round" say, "every step I take moves me into my future".

Be willing to see through the canopy, to happiness beyond.

Rich blesSings to you

Sylvia & David

"Just when the caterpillar thought the world was over, it became a butterfly."

*In quiet waters,
reflections are
un-distorted
- Sylvia Marina*

MASTERY PROGRAMS - no pre-requirements

2008 MASTERY RETREATS

April 21-25
August 18-22

New Zealand - near Auckland
Dwellingup - near Perth, West Australia

Bookings

\$ 1980.00. Early-birds \$1585.00 Book now

Price includes -

Mastery in Theta level 1 & 2 author Sylvia Marina
Four nights accommodation
Meals & refreshments
Time for walks & meditations
Take home CD's, Books & Certificate

MASTERY

How do some people almost always attain good health, career success and personal breakthroughs even in less-than-ideal circumstances...

People who learn how to find the quiet space within even in chaotic situations, (learn how to meditate) are much more successful in all facets of their life, than those who don't.

Their sense of purpose is greater and more focused than that of non-meditators. They have a deep sense of knowing and trust divine wisdom. In relationships they allow kindness and love to flow from their inner being. They don't fear being alone.

So why doesn't everyone meditate.

- a) *Perhaps because of the myth, you have to meditate for a very l-o-n-g time. Boring!*
- b) *Even after years of diligent meditation the temporary peace cannot be translated into real life.*

If this were the truth I wouldn't do it either.

Here's how Sylvia Marina's Mastery program will positively transform you...

Sylvia Marina's Mastery program will accelerate your mental, emotional, and spiritual awareness in ways that will delight you.

Quickly, easily create states of deep meditation for long term benefit in the shortest span of time.
Boost your memory and learning ability, increase your intuition and creativity.
Increase your body's ability to heal.

Enhance your ability to focus and think more clearly.
Bridge the gap between the logical left-brain and creative right-brain to create states of incomparable productivity.

Heighten levels of self-understanding and inner peace.
Dramatically reduce stress
Heal the deepest emotional dysfunction including anxiety, depression and addiction



It's not the mountain we conquer but ourselves - Sir Edmund Hillary

Sylvia Marina's Mastery program empowers you like no other...

My five days at the Mastery Retreat were magical and exciting. Everyday (and night) was amazing. I finally felt like I belonged somewhere. I came to a place where I am now happy to be me! Feb 2008.

It is now light where it was once dark.
N.W. Feb 2008.

Mastery is an exciting program that empowers the individual to become more 'in tune' with the inner being. Sylvia has a great talent for coaching you through those touch moments and emphasizing the joy of success.
G.G. Feb 2008.

Trust was a huge issue for me. Through the process it became so easy. To open up and be myself was different. I found a confidence and happiness I've never experienced before.
E.S. Feb 2008.

SEVEN DAY BODYMIND MASTERY RETREAT

May 17-23 **Eagle Bay, West Australia**

Bookings **\$2280.00**
Earlybirds \$1985.00 Book now

Price includes -
Mastery in Theta level 1 & 2 author Sylvia Marina
Six nights accommodation
Meals, fresh juice & refreshments
Time for walks, time for self, meditations
Take home CD's, Books & Certificate

MASTERY PROGRAM - South Australia

Six day program no accommodation

- **May 31 & 1st June plus June 6 to 9th**
Adelaide South Australia

Bookings **\$1580.00**
Earlybirds \$1985.00 Book now

Costly Month 11.00

\$750.00 early payment



If, you wish to plan an event ie conference or workshop or you wish to pre-book a personal breakthrough session when Sylvia will be in your area - contact our office

admin@sylviamarina.com

www.sylviamarina.com

www.thetamastery.com

+ 618 (08) 9457 3763

Events in Perth, West Australia

PUBLIC SPEAKING BUSINESS TRAINING

March 18 & 19 **9.30am - 4.30pm**

or

May 13 & 15

or

August 27 & 28

There is no doubt: Professionals who communicate effectively and confidently go further faster in their careers, than those who don't.

This two-day interactive program leaves you empowered about the possible future and the things you can do to improve the quality of your presentations.

\$599.50 includes two day training and workbook

Subscribers Special

Speaking Skills 6 CD album - Insights and Techniques that professionals & beginners use. Investment \$695.00

Subscribers special \$595.00 includes express post

FACE LANGUAGE

Tue 18 March **9.30am - 4.30pm**

or

Sat 30 August

Discover Your Real Personality and Potential!

Your forehead shows your thinking style. Your eyebrows show your thought process.

Your cheekbones show your adventurous spirit, Your nose shows how you manage money.

Your mouth shows how you express yourself...plus much more to learn.

Unlocking secrets of the face can help you understand relationships, foster teamwork, choose the right career...

\$230.00per person. Groups of three or more \$165.00pp

MASTERY Facilitator/Teacher Training

4.00pm August 25 to 3pm September 7

Prerequisite, Mastery in Theta level 1 & 2.
Our twelve month training program commences with a two week intensive.

At the completion of the course it is not mandatory for you to teach classes; people often attend as part of their life's path learning & growth.

\$6925.00pp. Pay before mid June \$5530.00

SUCCESS TRAINING & MENTORING - CHANGES LIVES

Open the door to your passion and purpose - be the architect of your own destiny

- eighteen months program with Sylvia Marina & David Bailey

MASTERY Graduates Evening Monday 7th April

Note: change of day - 7-9pm No fee. Perth Western Australia

Secure your place for an abundant and bright future. admin@sylviamarina.com

About Sylvia Marina

With more than 20 years experience in facilitating programs for change Sylvia works with people from all walks of life to discover and utilise their inner wisdom and total potential.

For six years working with a medical team presenting health retreats for cancer patients. A powerful aspect to the success of these programs was her ability to teach people how to reprogram using the alpha, theta, and the deep delta brain pattern energy for long term change - she presents these techniques and more at each Mastery retreat.

Her formal training includes Behavioural Science and Health Sciences.

Fellow (Hon) Australian Kinesiology Association Inc.
Fellow & Honorary Life Member Business Swap International.
Professional Member Australian Traditional Medicine Society
Director International Grief Support Foundation Inc.
Director West Australia BPW Mentoring Taskforce



www.sylviamarina.com

Conference Speaker, Educator, Mastery Presenter & Your Consultant in Times of Change.

DISCOUNTS

Privilege Card: Contact our office
Partner: 10% discount when attending together
Group Booking: 20% discount for five or more
Graduates: 50% discount
Facilitators: 70% discount
Student Youth: 14-22 years \$750.00 six-day, 'day only' program

If you have or wish to plan an event when Sylvia is near you, or you wish to pre-book a personal

breakthrough session - [contact us.](#)

*Conference Speaker, Educator, Mastery Presenter & Your
Consultant in Times of Change.*

To subscribe or unsubscribe email admin@sylviamarina.com with your request in the subject line.

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www.sylviamarina.com

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To our family of friends world wide - may the wind carry a voice that tells you, there's a friend
sitting in another corner of the world, wishing you well.

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