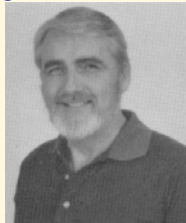


1st time in NZ!

Your opportunity to learn this profound technique in Sports Medicine

HYPERTON-X / BASIC & ADVANCED SPORTS KINESIOLOGY

Developed by Frank Mahony (USA)



Presented by Trevor Savage ND and Jennifer Kusmenko

✓ *The MAHONY METHOD of Hypertonic Muscle Release*

- ✓ *Release muscle tension, strengthen weak and painful muscles, increase flexibility and sports performance*
- ✓ *Used by athletic trainers, coaches, medical doctors, chiropractors, physiotherapists, massage therapists, kinesiologists & naturopaths, to prevent injuries and to assist with healing of injuries when they occur*
- ✓ *Pre-requisite to Neural Organisation Technique (N.O.T.) Seminars - and have fun!*

Learn from the Instructor who introduced HYPERTON-X to Australia in 1985!

After studying with Frank Mahony (dec'd) in his very first HYPERTON-X Workshop in Los Angeles, Trevor Savage returned to Australia and taught over 300 people from Hobart to Cairns and then on to Darwin. Trevor has worked with athletes, including Australia's Pat Cash, Tracey Wickham, Mark Stockwell, Queensland State of Origin Rugby League Team, Junior American Downhill Ski Champion Team in Girdwood, Alaska, the University of Hawaii Rainbows Baseball Team in Hawaii and many leading sports people in Australia.

This is the original HYPERTON-X program, developed by *Frank Mahony*, after being a consultant to the Puma Energizer Track Club in Santa Monica California, set up by the Puma Clothing Company to assist US track and field athletes training for the 1984 Olympic Games in Los Angeles, California, USA.

You will learn the following: (For more information, please refer to www.kinesiology.nu → "Courses" → "HYPERTON-X")

BASIC:

- Neurology of Hypertonic Muscles
- Sacral-Spinal-Cranial Articulation and CSF
- The Great 8 Muscles
- The Secondary 8 Muscles
- Auxiliary Muscles
- Switching and Learning Disorders
- Food Sensitivities / Allergies / Phobias
- Temporo Mandibular Joint (TMJ) balance
- Releasing Injury Memory from Muscles
- Body - Mind Integration

ADVANCED:

- Review all Basic Hyperton - X Muscles
- Pressure Pads for Feet, Buttocks, Thighs
- Intercostals - Rib cage problems
- Advanced Muscle Concepts
- Additional muscles
- Hypertonic Skin & Joints - Scar Integration
- Reactive Muscles / Skin
- Traction - Compression
- Pitch - Roll - Yaw
- Hypertonic Ear Muscles

Pre-Requisite:

HT-X Basic: Nil but anatomy and physiology an advantage

HT-X Advanced: Hyperton - X Basic with a Certified Instructor

Each student will receive a Certificate of Completion for each workshop attendance as accredited by A.I.K., and then be eligible to sit for Competency Exam.

THE ORIGINAL MAHONY HYPERTON-X SPORTS KINESIOLOGY - BASIC & ADVANCED

REGISTRATION FORM

- **INSTRUCTORS:-** Trevor Savage ND, Vice-President N.O.T. International (Australia) and Jennifer Kusmenko M.A.I.K. M.A.K.A.
- **VENUE:-** I.C.P.K.P. College, 23 Domain Rd, Panmure, Auckland
- **DATE:-** Sunday, 19 November - Saturday, 25 November 2006 (Wed. 22nd Day-off)
- **TIMES:-** 9:00am to 6:00pm each day
- **FEE:-** AUD900 for BOTH Basic & Advanced (AUD100 Discount) or AUD450 BASIC ONLY (Including manuals, workbooks, Certificates and refreshments)
- **CONTACT:-** Seminars sponsored by the International Institute for Total Mind-Body Integration
Trevor Savage ND Ph: +61 7 3264 4316; +61 427 134 916; ts@kinesiology.nu
Jennifer Kusmenko Ph: +61 3 9824 7414; jk@kinesiology.nu

Minimum number of students required is 20. Non-refundable deposit payable by 31st October 2006 to allow for advanced travel bookings and plans by all, prior to workshop date. Should the enrolments by this date be less, the course will be cancelled. In such an event, a full refund will be made.

To register your place in the HYPERTON-X seminars, please fill out this registration form and return it with your non-refundable deposit of \$150.00 by 31st October 2006 to:

Trevor Savage ND, P.O. Box 216, Albany Creek, QLD, Aust. 4035 or Fax +61 7 3264 4916



Personal Details:

Yes, I would like to attend the 6 Day, 48 Hr, HYPERTON-X Basic & Advanced Seminars in Auckland NZ with Trevor Savage ND and Jennifer Kusmenko from Sunday, 19 November to Saturday, 25 November 2006 (Wednesday, 22nd Day-off)

Please circle

| | | |
|---|--------------------------|---|
| Deposit (Non-Refundable) - Due by 31st October 2006 | AUD150 | Y |
| Full Fee less Deposit - Both Basic & Advanced | AUD750 | Y |
| Full Fee at door - Both Basic & Advanced | AUD900 (AUD100 Discount) | Y |
| Full Fee at door less Deposit - Basic only | AUD300 | Y |
| Full Fee at door - Basic only | AUD450 | Y |

AMOUNT ENCLOSED: \$ _____ CHEQUE (payable to: Hestearth Pty. Ltd.)/VISA/MASTERCARD/CASH

Credit Card No: _____ EXPIRY _____ / _____

Name on Credit Card: _____

Name: _____ Authorised Signature: _____

Address: _____

Post Code: _____

Profession: _____ E-mail: _____

Phone: _____ Mobile: _____